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Board Notes

June - July 2026

Program activities shown in this publication reflect the Bay Aging strategic plan and indicate staff is meeting their program's strategic goals.

In the spirit of advocacy, please share Board Notes with Boards of Supervisors, the community, civic groups, and others who are interested in community affairs.

Kathy E. Vesley
President & CEO



Recognized each July in connection with the anniversary of the Americans with Disability Act, signed on July 26, 1990, **Disability Pride Month** is a time to celebrate the strength, leadership, and contributions of people with disabilities.

At Bay Aging, we believe every person deserves dignity, respect, independence, and the opportunity to fully participate in community life.

Caregivers Invited to Share Their Experiences in Bay Aging Survey



Caregiver Survey

Bay Aging is inviting current and former caregivers to share their experiences through a brief survey conducted in partnership with Northwestern University. The survey is open July 1–28 to anyone who currently cares for, or has previously cared for, a person age 18 or older. (Continued on page 22.)

Art in Transit Brings Creativity and Community Together



Pictured: Bob Casazza, 2026 Art in Transit winning artist and design "Bridge Party" revealed during the Awards Reception on Friday, May 29.

Artists, sponsors, and neighbors gathered to celebrate another Art in Transit season, honoring local talent while supporting scholarships, transportation access, and arts programming that help creativity and opportunity move through the community. (Continued on page 18.)

Single Family Housing

Single Family Housing Helps Residents Maintain Safe, Stable Homes

Bay Aging's Single Family Housing programs provided targeted home repair and household assistance during April and May, helping residents across the region address essential needs and remain safely housed.

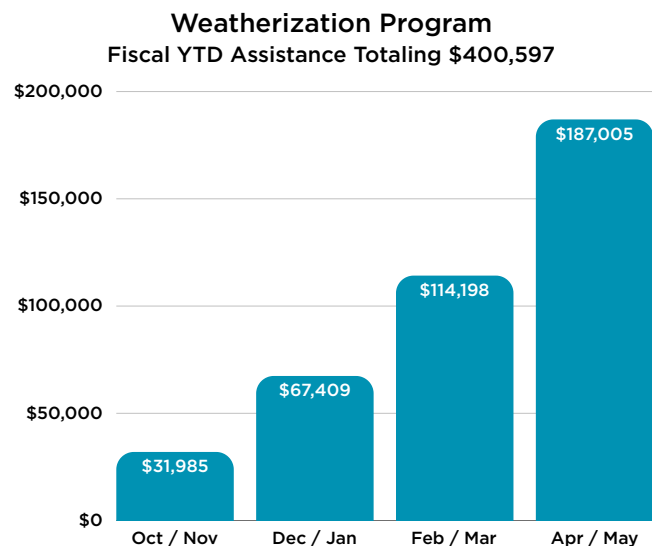
Through Board Supplemental Funds, Essex Prior Year Program Income (PYPI), and Neighborhood Assistance Program (NAP) support, the team assisted households in multiple counties with home repairs, contract work, and other services that promote housing stability, safety, and independence.

- **Board Supplemental Funds - \$37,828** assisted 13 households with 18 people
- **Essex Prior Year Program Income (PYPI) - \$2,189** assisted 2 households with 3 people
- **Neighborhood Assistance Program (NAP) - \$5,538** assisted 3 households with 5 people

Weatherization Support Brings Comfort, Safety, and Relief Home

Bay Aging's Weatherization Program helps residents make essential energy efficiency improvements that reduce energy bills while increasing comfort and safety to support long-term housing stability.

- Fiscal year-to-date (beginning October 2025), the program has provided **\$400,597 in total support**, assisting 42 households and 48 individuals.



For clients, the impact is immediate and personal:

“

“My insulation in the ceiling and under the house made my house much warmer, which caused me to use less heat,” shared Ms. Taylor of Essex County. “It’s a blessing, it really is.”

”

“

“The crew was so good. They did an excellent job [installing a new heating unit], shared Ms. Stewart of Lancaster County. “There are no words I can say how you have helped me.”

”

Multifamily Housing (MFH) - Development

MFH Advances Affordable and Workforce Housing Opportunities

Bay Aging's Multifamily Housing Development team continues to move key projects forward through predevelopment planning, partnership discussions, and funding strategies that support future affordable and workforce housing options across the region.

- **Forest Heights:** Predevelopment efforts continue for the proposed 50-unit age- and income-restricted rental community in James City County, including a \$200,000 Virginia Housing Predevelopment Loan application to support required plans, studies, and due diligence for the March 2027 Low-Income Housing Tax Credit (LIHTC) application.
- **Kingston Parish:** The Mathews County rectory renovation project to create 2 workforce housing apartments remains targeted for completion in late 2026, with discussions underway around a future owner and management agent agreement with Bay Aging.
- **The Residences at Rawley Park:** The team continues pursuing gap financing, community partnerships, and alternative construction approaches to help advance the proposed 24-unit income-restricted workforce housing community in Middlesex County.

Multifamily Housing

Team Welcomes Two New AmeriCorps VISTA Members on June 1

The multifamily housing team welcomes Tripp Walker and Shelley Velasco, who join Anna Jaynes, AmeriCorps VISTA (Volunteers in Service to America) currently serving a one-year term.

- Tripp Walker, a senior at Texas State University, is serving in a 10-week summer VISTA assignment.
- Shelley Velasco, who has worked with multifamily housing for nearly a year through the Title V Senior Employment program, transitioned to a one-year AmeriCorps VISTA role.



Wii Bowling Brings Friendly Competition to Westmoreland ALC

Westmoreland Active Lifestyle Center participants are back on the virtual lanes, enjoying Wii Bowling with plenty of cheers, laughs, high-fives, and friendly competition.

Multifamily Housing

Library on the Go Builds Connection During Social Wellness Month

The Central Rappahannock Regional Library is helping residents at Mill Pond Village, Parker Run, and The Meadows stay connected through learning, conversation, and shared activities. Through visits from the Library on the Go, residents receive help with mobile phones and technology, improving digital literacy and access to online resources and services.

In July, the program will also host a book club and movie social, creating welcoming opportunities for residents to gather, enjoy meaningful interaction, reduce isolation, and build community close to home.

Pictured: Aimee (on right) from Central Rappahannock Regional Library providing assistance to a Mill Pond Village resident with access to online resources.



Community Garden at The Meadows Blooms with Color, Care, and connection

The community garden at The Meadows is bringing a bright spot of joy to residents, with colorful growth, fresh air, and a shared space that neighbors can enjoy together. Ms. Jenkyns, the garden's primary caretaker, has helped nurture the space into a cheerful place for beauty, conversation, and community pride to grow.



The Meadows



Mill Pond Village



Multifamily Housing

Resident Service Coordination Connects Residents to Seasonal Supports

Resident Service Coordination has helped Bay Aging Apartments residents apply for **Cooling Assistance** to offset summer electric costs and maintain safe, comfortable homes.

Staff are also connecting residents with **Farm Market Fresh** benefits, expanding access to fresh local foods while supporting healthy eating, community engagement, and local farmers.

Rappahannock Art League Brings Creative Engagement to Tartan Village

Tartan Village residents explore jewelry-making and oyster shell art in welcoming, hands-on classes from the Rappahannock Art League. The activities encourage creativity, social connection, fine motor skills, confidence, and cognitive engagement while helping residents build community through shared artistic experiences.



CSH Operations Clinic to Strengthen Affordable Housing Services

Bay Aging Apartments has been selected for the Corporation for Supportive Housing (CSH) Operations Clinic, a hands-on program focused on strengthening affordable rental housing with integrated services. Through coaching and practical support, the team will identify operational opportunities, improve partner coordination, and enhance service delivery and housing stability outcomes for residents.

Caregiver Support

June is Alzheimer's & Brain Awareness Month

June is Alzheimer's & Brain Awareness Month, a time to raise awareness, encourage understanding, and support individuals and families affected by Alzheimer's disease and other forms of dementia. As we learn more about how the brain changes with aging and cognitive decline, we are better equipped to respond with compassion, patience, and meaningful support. Throughout June, Bay Aging hosted and attended events and information sessions that promote brain health, foster connection, and help build a more dementia-informed community.

- **10 Healthy Habits for Your Brain** - Walter Reed Post Acute, June 12
- **Longest Day Potluck Picnic** - Machicomico State Park, June 18
- **Building Brain Healthy Habits** - Mathews YMCA, June 23
- **Understanding Dementia & Brain Changes** - Lancaster Community Library, June 29

Community Events

- **Bee Your Best 5K & Health Fair** - Tappahannock, supporting Ledwith-Lewis Free Clinic in partnership with Virginia Breast Cancer Foundation and the Alzheimer's Association, June 6
- **Golden Agers Resource Fair** - Richmond County YMCA, June 9



Pictured (left): Longest Day Potluck Picnic at Machicomico State Park, June 18



Pictured (right): Bay Aging Options Counselor Mary Arthur (front) at Lunch & Learn with Lancaster County DSS staff

Education & Training

- **Lunch & Learn** - Lancaster County Social Services (DSS) on Bay Aging services, the GUIDE program, and collaborative efforts supporting older adults in Lancaster County, June 10.
- **GUIDE Model Information Sessions** - Central Rappahannock Region Library hosts three summer information sessions. Attend the final presentation at the **Cooper Branch Library in Colonial Beach, August 27 at 1 PM.**

Caregiver Support

New Middlesex Memory Cafe Offers Connection and Support Beginning September 17

Bay Aging launches a NEW free Memory Café in Middlesex on Thursday, September 17, from 1:30 to 3 PM at Christ Church Parish in Saluda. The welcoming gathering will meet monthly on the third Thursday, offering meaningful programming, friendship, and community support for people experiencing cognitive changes and the family members, friends, and caregivers who support them.

July is **Social Wellness Month**, a reminder that strong relationships and regular connection are important parts of overall health and well-being. Whether it's sharing a meal, joining a class, attending a community event, checking in on a neighbor, or simply spending time with others, **social connections can help reduce isolation, support emotional wellness, and strengthen a sense of belonging.**

At Bay Aging, programs across the organization help create opportunities for people to stay connected, engaged, and supported in their communities.

Support Groups & Social Connection

- Ongoing monthly support groups, Memory Cafés, caregiver lunches, coffee and conversations, and walking club
- **Intergenerational Pottery Painting** - (pictured below) participants of all ages came together to paint, share stories, and make colorful memories side by side, June 30



Intergenerational Pottery Painting

One of the most heartwarming parts of the day was seeing an 83-year age gap between the youngest and oldest attendees—a wonderful reminder that friendship, creativity, and meaningful connection truly bridge generations.

Community Living Programs

Community Living Programs Keep Older Adults Connected, Cool, and Nourished

Community Living Programs continue to support healthy aging through Active Lifestyle Center activities, nutrition programs, and seasonal assistance. Recent highlights include **May Day** celebrations (see page 23), **Senior Cool Care** fan distribution, **Farm Market Fresh** benefits, and community events helping older adults stay engaged, informed, and connected.

Senior Cool Care:

- Sponsored by Dominion Energy, this program allows AAAs to offer one cooling device per eligible household within their service area until allocated funds are depleted.
- Eligibility criteria include being 60 years or older with household income restrictions.
- Fans are available at Bay Aging's Montross office and all Active Lifestyle Centers.
- Clients should call 804-493-0238 to complete an application.



Senior Cool Care Program

May Qualify if You:

- ✓ Are age 60 or older
- ✓ Meet annual household income guidelines:
 - \$23,940 for one
 - \$32,460 for two

Helps older adults stay safer and more comfortable during the hot summer months by providing one fan per eligible household while allocated funds are available.

To complete an application, please call 804-493-0238.

Farm Market Fresh:

- This program pairs local farmers with older adults to provide fresh locally grown fruits, vegetables, and herbs. Bay Aging was allotted \$7,350, providing \$50 vouchers to 147 program participants. Funds have been fully expended for this program year. Should additional funds become available, a waitlist is in place.



Bee Your Best 5K

Pictured left: Bay Aging Board Director Stanley Clarke.

Pictured right: Mary Arthur, Bay Aging Lead Options Counselor (left) with Lori Lenz, former caregiver in Bay Aging's Caregiver Support program and current volunteer with the Alzheimer's Association



RSVP (Retired Senior Volunteer Program)

RSVP Highlights Volunteer Service

Bay Aging's RSVP (Retired Senior Volunteer Program) was recently featured during a presentation to the Northern Neck Rotary Club. The visit provided an opportunity to share how RSVP connects older adults with meaningful volunteer opportunities that support local organizations, strengthen communities, and help volunteers stay engaged through service.



Pictured (from left): RSVP Assistant Director Steve McClure, Interim RSVP Director & Senior Employment Administrator Hyena Rose, NNK Rotary Club President Jonathan Putt, and past President Robin Hatfield.

Classic Car Show Sparks Smiles at Gloucester ALC

Gloucester Active Lifestyle Center participants enjoyed a Classic Car Show with the Middle Peninsula Classic Cruisers, sharing stories, admiring the cars, and enjoying a cookout provided by Achilles Masonic Lodge No. 281.



SCSEP Trainees Celebrate Computer Training Success

Senior Community Service Employment Program (SCSEP), also known as Title V, participants recently completed a successful computer training course designed to strengthen digital skills and confidence.

Three Title V trainees—Diane Burrell, Doretha Henry, and Linda Wagner—received certificates, along with Bay Aging staff members Victor Brown and Cornelius Brown (not pictured).

The training was supported by dedicated instructors and enthusiastic participants. The team hopes to offer similar opportunities in the next fiscal year.



Pictured: (seated from left): Diane Burrell, Lucille Tate; (standing from left) new Title V trainee Lois West, Interim RSVP Director & Senior Employment Administrator Hyena Rose, Doretha Henry, MP R.A.C.E. Data Specialist Edith Turner, Linda Wagner, MP R.A.C.E. Regional Program Manager Tracy Elliott, and Victor Brown.

West Point and Middlesex ALCs Celebrate 60s Day with Fun, Fellowship, and a Soul Train Line

West Point and Middlesex Active Lifestyle Center participants came together for a lively 60s Day celebration filled with music, memories, and connection. Many dressed in 1960s-inspired attire and enjoyed classic games, trivia, table jacks, memories of Double Dutch, a festive lunch, and a crowd-favorite Soul Train line that had everyone dancing, laughing, and celebrating together.

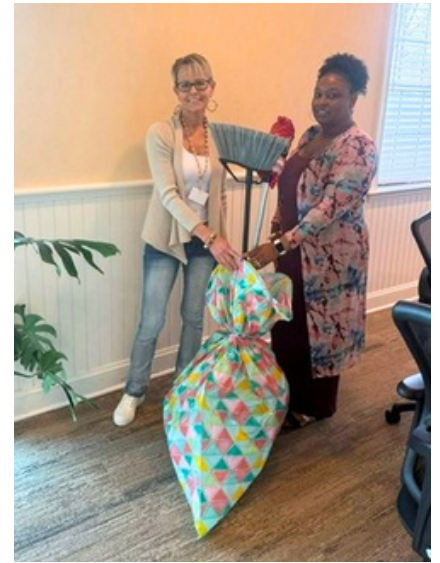


Homeless Solutions Program

Supporting New Beginnings

As part of Bay Aging's commitment to helping individuals and families achieve lasting housing stability, our Emergency Services staff recently assembled welcome cleaning kits for clients transitioning from homelessness into permanent housing. Each kit includes essential household cleaning supplies to help create a clean, safe, and healthy home from day one.

While these items may seem simple, they can make a meaningful difference by easing the financial burden of move-in and allowing households to focus on other immediate needs. This initiative reflects Bay Aging's ongoing commitment to removing barriers, promoting dignity, and supporting clients as they begin a new chapter with confidence and hope.



Pictured (from left): Bay Aging Housing Case Managers Teresa Jones and Shontay Smith.

Virginia Insurance Counseling and Assistance Program (VICAP)

VICAP Community Outreach

Staff have been busy providing presentations and attending health fairs sharing information on Bay Aging's services.

Health Fairs and Events:

- King and Queen Library Birthday Bash
- Pamunkey Baptist Association May Day event in King William
- Golden Agers Resource Fair in Warsaw
- Mathews TRIAD Summer Health & Safety Fair

Presentations on **Medicare Fraud Protection Tips:**

- Bay Port Credit Union Retirement seminars
- Gloucester Retired Educators Association
- Walnut Hills Baptist Church in Williamsburg
- Bay Aging May Day event
- Insight Enterprise Center for Independent Living clients and staff



Pictured (from left): Bay Aging VICAP staff Lisa Walker and Lynette Thurston provide information on Bay Aging services at Mathews TRIAD Health & Safety Fair.

Long Term Care (LTC) Ombudsman Program

New Ombudsman Joins Team as Outreach Continues

- Bay Aging's LTC Ombudsman program welcomes Carma Ryan as the new part time LTC Ombudsman who will be working with Willie Alston in the Hampton Roads area. Carma is busy completing her training for certification and looks forward to her new role.
- Bay Aging's Long-Term Care Ombudsmen Lisa Walker and Lynette Thurston recently visited Essex Manor Health & Rehabilitation, where they joined Debbie Hundley, Activity Director, to share care bags with residents. Each bag included essential items for residents along with helpful information about Bay Aging's Long-Term Care Ombudsman Program



Pictured (from left): Bay Aging LTC Ombudsman Lisa Walker and Essex Manor Health & Rehabilitation Activity Director Debbie Hundley.

LTC Ombudsman Advocacy Helps Protect Dignity, Safety, and Residents' Rights

Ombudsmen serve as trusted advocates for residents in nursing homes and assisted living communities, helping address concerns and protect residents' rights. Stories like the one below show why advocacy matters.

Bay Aging is here to help older adults and families access trusted support, speak up when something feels wrong, and make sure dignity and safety remain at the center of care.

“ John's sister contacted the Ombudsman program after John, who lives in a facility and has dementia, said he had been hit. With her permission, the Ombudsman investigated on John's behalf.

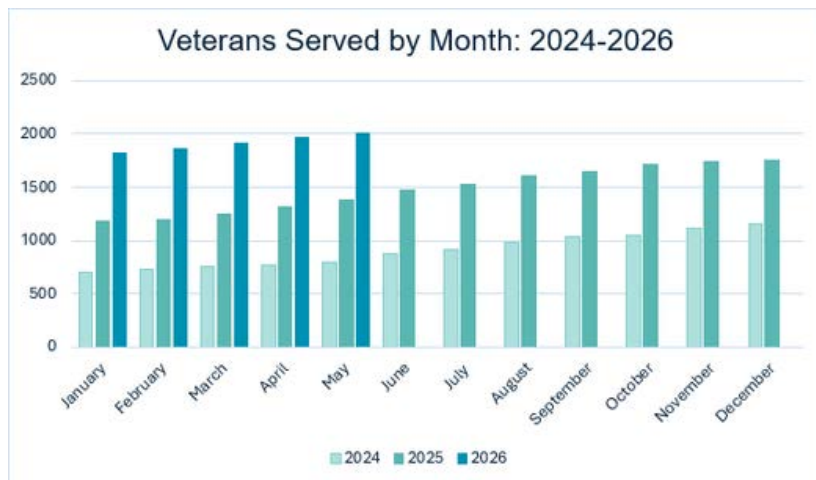
After speaking with staff and reviewing camera footage, the investigation confirmed that a staff member had hit John while providing care. The staff member was terminated, John was checked and had no injuries, and his sister was relieved to know the staff member was no longer at the facility.

”

Veteran Directed Care (VDC)

Program Impact and Reach

Bay Aging's Veteran Directed Care program continues to grow, with more than 280 new referrals in May and June with May seeing 70 new enrollments and nearly 2,000 veterans served.



1,998

Number of Veterans receiving Financial Management Services through VDC

2,100

Number of Employees Processing Through Bi-Weekly Payroll

Serving Veterans in Pennsylvania, Maryland, West Virginia, Virginia, North Carolina, South Carolina, Washington, DC, the US Virgin Islands, and Puerto Rico.

VDC Strengthens Partnerships with VA Medical Centers (VAMCs)

Bay Aging continues to strengthen its collaboration with partnering VAMCs through in-person coordinator visits. Visits provide an opportunity to connect, hear what is working well, learn about any challenges, and discuss ways to better support coordinators and the veterans they serve. Visits are being scheduled over the coming months.

Recent visits included James H. Quillen VAMC in Johnson City, Tennessee, where Justine Coates, Assistant Director of Veteran Services, met with coordinator Nicole Andies, and Beckley VAMC in West Virginia, where Justine met with coordinator Deanna O'Dell.



Pictured left: Assistant Director of Veteran Services Justine Coates (left) with Beckley VAMC Coordinator Deanna O'Dell

Pictured right: James H. Quillen VAMC Coordinator Nicole Andies (left) with Assistant Director of Veteran Services Justine Coates



Veteran Directed Care (VDC)

Community Engagement

VDC Director Melissa Blake presented information about the Veteran Directed Care program on June 30 at the Urbanna Branch of the Middlesex County Library.

Team Updates

The VDC team would like to welcome new Options Counselors:

- Tela Hudgins - Montross
- Caroline Painter - Urbanna
- Ivonne Figueroa-Ortiz - Puerto Rico
- Esther Medina-Irizarry - Puerto Rico
- Daina Rivera-Rios - Puerto Rico



“Brandie (VDC Options Counselor) has been excellent in her communication and responsiveness. She consistently provides thorough notes, follows up promptly, and makes every effort to ensure everything is clearly understood. She takes her time, is patient, and explains information in a way that is easy to understand and to our satisfaction. Her dedication and professionalism do not go unnoticed, and we truly appreciate all the support she provides.”

-Employee of Veteran R

VDC Team Celebrates Successful Cumulus Payroll Launch

The VDC Program successfully completed its first payroll run in the new platform, Cumulus!

This milestone reflects the teamwork, patience, collaboration, and resilience demonstrated across the Customer Service, Budgets, Invoices & Timesheets, and Enrollment teams, with significant support and expertise from Options Counselors.

Throughout this transition, the team experienced record-high call volumes, while remaining committed to meeting participants’ needs every step of the way.

While the team continues to refine and strengthen new processes, participant feedback has been overwhelmingly positive with many describing the new system as easy to use, accessible, and user-friendly.

Veteran Directed Care (VDC)

Team Appreciation Lunches Celebrate VDC Options Counselors

Bay Aging recently held appreciation luncheons to recognize the hard work and dedication of its Veteran Directed Care Options Counselors. Team members gathered in Puerto Rico and at the Montross office to celebrate their commitment to supporting veterans, families, and caregivers with compassion, teamwork, and exceptional service. Special thanks to the central kitchen for preparing a wonderful lunch for the Montross team!



Montross team pictured above (front row, from left): Jennie Beck, Kassidy Mannelein, Sanda Wilson-Blackwell, Sarah Goodrich, Tracey Harvey, Shauna Deagle, LaNorsha Holden, Justine Coates; (middle row, from left): Kendrick Reed, Julia Ferguson, Jessica Collier, Sarah Kennedy, Tela Hudgins, Carla Wiseman, Stephanie Tilley; (back row, from left): Kendra Gadson, Marissa Pryor, Karisa Vessels, Brandie Vitali, Kory Cave, and Caroline Painter.



Puerto Rico team pictured above (front left): Jamilette Rodriguez-Ortega, Bengie Candelario-Trujillo, Cristian Santos-Rodriguez, Aileen Perez-Ramirez, Christine Figueroa-Margarito, Alexandra Barcenas-Salgado, and Emy LaVilla-Nazario.

Home Care / Adult Day Center

Community Outreach and Engagement

- The **Home Care Department** attended Gloucester High School Career and Technical Education graduation in May to recruit new certified nursing assistant graduates and distribute information about program services
- Gloucester **Adult Day Center** Director Suzanne Blanks presented at the Mathews Memory Cafe and the West Point Community Council in June to discuss the benefits of receiving adult day health services.

VAAACares®/GUIDE Model

VAAACares® Advances Dementia Care, Community Care Innovation, and NCQA Accreditation

VAAACares® continues to expand its GUIDE Model program, with process updates underway for the new participation agreement. The team also submitted proposals for national community care initiatives focused on aging in place while preparing for the final phase of the NCQA accreditation survey.

Aligned Patients
as of July 15

- The GUIDE team is working to adjust processes due to changes in the 2026-2027 Participation Agreement, including:
 - Changes to the comprehensive assessment
 - Eligibility changes for patients residing in residential care communities (RCC) and memory care units



Bay Aging Reaches Final Phase of Survey Process for Continued NCQA Accreditation

Bay Aging is preparing for the final phase of its NCQA Long-Term Services and Supports (LTSS) Case Management Accreditation survey, scheduled for July 13, 2026. The review evaluates how the organization delivers high-quality, person-centered case management, including: assessments, care planning, coordination, transitions, critical incident management, and continuous quality improvement to help individuals remain safely in their homes and communities whenever possible.

CLIENT TESTIMONIAL

“The professionalism and kindness of Bay Home Care cannot be matched.”

“The process, the aide, and the nurse that visited were all top notch and well organized. The phone calls and follow-ups were professional and so caring . . .

The aide, Tiauna Taylor, is so sweet, compassionate, and self-sufficient. My Mom loves her so much and values their time together.”

Carneal Family
GUIDE & Bay Home Care Clients

VAAACares®

VAAACares® Submits Winning Proposal to Participate in ACL Health at Home Challenge

VAAACares® submitted a proposal for the Administration for Community Living (ACL) **Health at Home Challenge**, a national effort to help more dually eligible (or near-dually eligible) Medicare and Medicaid beneficiaries with chronic conditions and functional limitations remain safely at home.

The proposal reflects VAAACares®' role in advancing community-clinical partnerships, scaling advanced community care networks, and supporting person-centered services that improve independence while helping reduce avoidable health care costs. The goal is that VAAACares®, acting as an Advanced Community Care Hub, will induct 100,000 clients in the upcoming three years.

Care Transitions Strengthens Statewide Support and Prepares for New Partnerships

- VAAACares®/Care Transitions supports members across Virginia through 30-day transitional care programs, statewide referral coordination, and hands-on assessment support.
- Since January 2026, the Bay Aging team has supported the need for overdue LOCERI (Level of Care Eligibility Review Instrument) assessments by providing boots-on-the-ground support and completing 240 assessments across Virginia.
- Clinical Administrative Coordinator (CAC) team provides essential statewide support to MCO Care Managers by coordinating member, provider, and Care Manager conferences, managing service plan mailings, ordering supplies and meals, and collaborating with Primary Care Physicians to assist with durable medical equipment needs. Support included:

Processed Over

3,000

Referrals
since Jan 1

Scheduled Over

1,500

Care Manager
Assessments

Weekly Outreach to

120

Members on at-risk
maternity list

Transportation

Transportation Services Expand Medical Ride Access and Maintain Strong Ridership

Bay Transit continues to strengthen access to essential transportation, including adding additional non-emergency medical rides following the restructuring of a major provider of non-emergency medical transportation. Despite winter weather challenges earlier in the year, ridership remains slightly ahead of the same period last year, reflecting continued demand for reliable, community-based transportation.

Art in Transit Brings Creativity and Community Together

(continued from cover)

Art in Transit came to a joyful close on May 29, bringing together artists, sponsors, and neighbors to celebrate creativity, connection, and community impact. The annual Awards Reception honored Bob Casazza, whose design Bridge Party earned first place (pictured on cover), along with second-place artist Gayle Merrill for The Oyster Gypsy and third-place artist Linda Reichert for Surf's Up (pictured below).

- Proceeds support scholarships for Bay Aging and Bay Transit frontline employees and their families, Bay Transit's New Freedom Program, and arts programming through the RAL Art Center. Bay Aging is grateful to the artists, sponsors, partners, and supporters who made this year's celebration possible.



Pictured left: Second-place artist Gayle Merrill for The Oyster Gypsy.



Pictured right: Third-place artist Linda Reichert for Surf's Up.

2026 Art in Transit Sponsors

- Towne Insurance
- Sonny Merryman
- Tri-River Investment Group of Davenport & Company
- Chesapeake Bank
- RCC Educational Foundation
- Virginia Museum of Fine Arts
- Northern Neck Rotary Club
- Patrick Stone, State Farm
- Katie Dew, IsaBell K. Horsley Real Estate

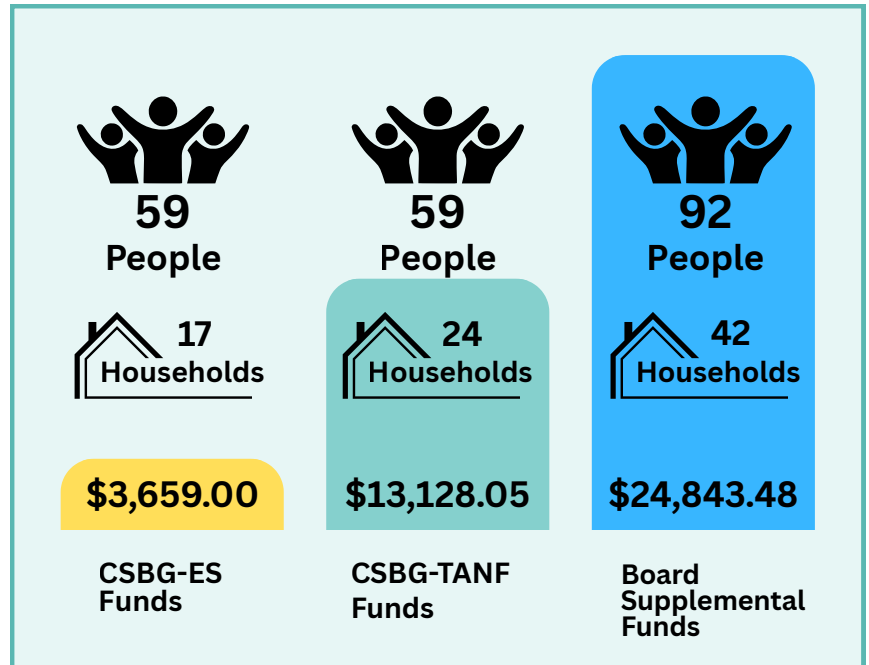
Community Action & Homeless Solutions Programs

Bay Aging's Community Action and Homeless Solutions Programs leverage multiple funding sources providing essential support to households throughout the region, namely:

- Community Services Block Grants (**CSBG**) for Emergency Service (**CSBG-ES**)
- Temporary Assistance for Needy Families (**CSBG-TANF**)
- **Board Supplemental Funds**

CSBG Funds support included utility and rent assistance, car repairs, and temporary housing.

Board Supplemental Funds provided utility and rent assistance, supportive services, and temporary emergency housing,



During April and May 2026, program assistance was delivered throughout Essex, Gloucester, King & Queen, King William, Lancaster, Mathews, Middlesex, Richmond County, Northumberland, and Westmoreland counties, reflecting Bay Aging's commitment to meeting community needs across the Middle Peninsula and Northern Neck.

Blooming Memories at West Point Active Lifestyle Center (ALC)

Pictured: West Point ALC participants proudly show off their handcrafted flowers made from painted wooden spoons, colorful tissue paper, and cherished photos from the May Day Celebration. (See page 23 for May Day photos.)

This creative project brought together art, memories, and plenty of smiles.



Community Chaplain

Providing Emotional and Spiritual Support To People of All Ages

Through the Community Chaplain Program, Chaplain Mary provides emotional and spiritual support to people of all ages throughout Lancaster County, with many of those served being older adults. She maintains a regular presence throughout the community.

- Weekly reflections at the Tartan Village Active Lifestyle Center
- Twice weekly visit to Lancashire Post Acute residents
- Regular visits with residents at Commonwealth Assisted Living
- Home visits to individuals facing illness, caregiving challenges, grief, or other life transitions.

These relationships often continue through the end of life. Chaplain Mary has been invited to speak at two Celebration of Life services for clients served through the program.



Chaplain Mary offered the blessing before lunch at Bay Aging's May Day event

Community Engagement Also Remains a Key Priority

Chaplain Mary continues to meet with community leaders and participate in local events to strengthen partnerships, increase awareness of Bay Aging's services, and share the availability of emotional and spiritual support.

- Chaplain Mary's commitment to serving people of all ages is also reflected in her role as a mentor to a rising ninth-grade student who will attend the new Lancaster High School.
- She meets weekly with her mentee throughout the school year, providing encouragement and guidance during this important transition.



Chaplain Mary attended the ribbon-cutting ceremony for the new Lancaster County High School on June 29.

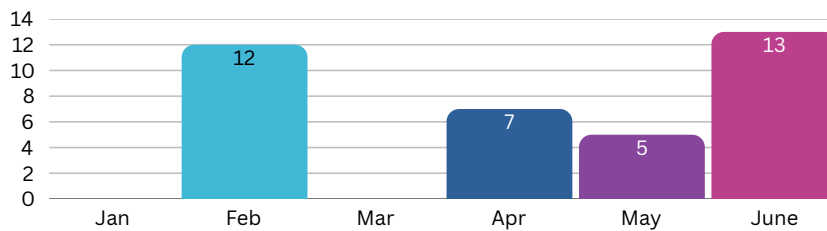
Human Resources

Recruitment

Recruitment is continuous as we add new talent to the workforce. We are currently recruiting for 10 positions across the organization.

2026 New Employee Orientation Attendance

37 Employees Completed General Orientation



New Employees*

32

Internal Transfers*

11

*Since January 1

Total Employees

As of June 29

352

Bay Aging Leadership Institute 2.0 Graduates Celebrate Growth, Integrity, and Leadership in Action

Bay Aging celebrated the 2026 graduates of Leadership Institute 2.0 during a July 8 ceremony recognizing their commitment to growth, collaboration, and leading with integrity.

Speakers reflected on the responsibilities of leadership—listening well, showing empathy, demonstrating courage, solving problems, and following through—while encouraging graduates to use their influence to support teams, improve processes, and create positive ripple effects across the organization and communities served.



Pictured (seated from left): Home Care Manager Quintasia Henderson, VDC Options Counselor (OC) Team Lead Jessica Collier, Transit Fleet Manager Kelsey McGrady, VDC OC Team Lead Sarah Kennedy, VDC OC Team Lead Austen Gaines, and VDC Quality Assurance Manager Nicole Watson. (Standing from left): VDC Budgets, Invoices, and Timecard Manager Robert Dublin, Housing Choice Voucher Program Assistant Director Kenosha Stewart, Adult Day Center Director Suzanne Blanks, Caregiver Support Lead Options Counselor Mary Arthur, Director of Strategic Analysis Julie Northcott-Wilson, and RN Supervisor Andrea Rice. (Not pictured): VDC OC Team Lead Holly Gallagher and Housing Finance Director Elizabeth Myers.

Statistics

Caregivers Invited to Share Their Experiences in Bay Aging Survey (continued from cover)

Feedback from the survey will help identify caregiver needs and strengthen future support for individuals and families across the community. This is a remarkable opportunity to benefit from free third-party evaluation by a highly regarded research institution.

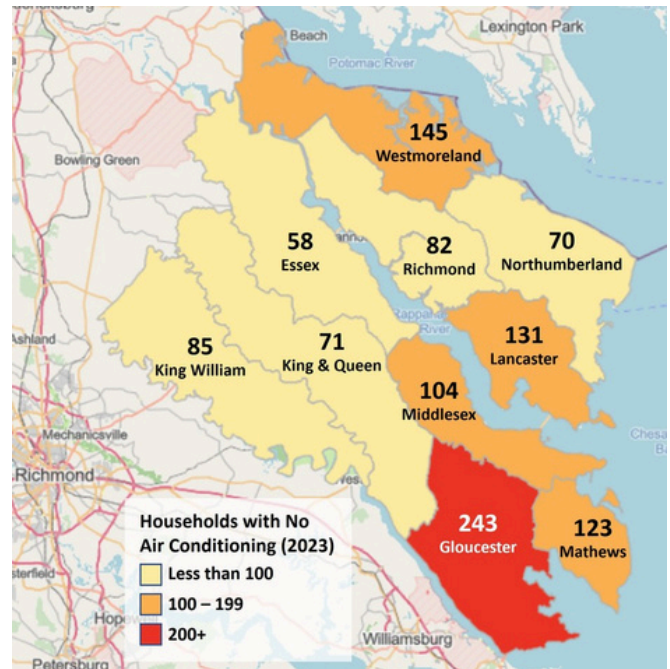
Participants may scan the QR code (found on the cover) or visit

<https://www.surveymonkey.com/r/59PL592> to complete the survey online. Paper copies are available at Bay Aging's headquarters, 5306 Old Virginia Street in Urbanna, or by calling 804-758-2386.

More Than 1,100 Households in Bay Aging Region Lack Air Conditioning

The U.S. Census Bureau's Local Air Conditioning Estimates (LACE), an experimental measure of air conditioning prevalence, indicate that 1,112 households in Bay Aging's 10-county service area have no air conditioning.

- The greatest numbers of households lacking air conditioning are in Gloucester and Westmoreland, which is to be expected since these are the region's most populous counties (see map).
- King William, the third-most populous county, has relatively few households without air conditioning. King William's housing stock is the newest in the area, with a median year built of 1996, and only 1.2% of households in King William have no air conditioning.
- The **percentage of households lacking air conditioning is highest** in Mathews (3.3%) and Richmond (2.8%); these two counties also have the oldest housing stock in the region, with more than half of homes built in the 1970s.
- For comparison, 1.8% of all households in Virginia have no air conditioning.



Source:

<https://www.census.gov/data/experimental-data-products/lace.html> and 2023 ACS 5-Year Estimates, Table B25037.

May Day Celebration Highlights Healthy Aging, Connection, and Community Spirit

Bay Aging's May Day celebration brought together participants from all seven Active Lifestyle Centers (ALCs) at the Deltaville Maritime Museum for a joyful close to Older Americans Month.

With this year's theme, **Champion Your Health**, the event featured fellowship, lunch, music, fraud prevention tips, dancing, door prizes, and a lively performance by West Point ALC's *The Sassy Golden Drumettes*. The gathering celebrated the strength and contributions of older adults while highlighting the importance of staying informed, active, and connected.



Development

River Counties Community Foundation Supports Bay Aging Meals on Wheels Program

Bay Aging is grateful to the River Counties Community Foundation (RCCF) for awarding a \$16,600 grant to support Meals on Wheels services in Lancaster, Northumberland, and Middlesex counties.

This generous investment will help ensure older adults continue receiving nutritious meals, wellness checks, and the support they need to remain healthy and independent in their own homes. We sincerely thank the foundation for its partnership and commitment to strengthening our communities.

Wendy's Story: More Than Just a Meal

When ongoing medical issues made cooking difficult, Wendy worried about how she would continue to live independently. Since August 2025, Bay Aging's Meals on Wheels program has provided nutritious meals delivered right to her home at Port Town Village, helping her stay healthy, well-nourished, and independent.

"Meals on Wheels has been an absolute lifesaver for me. It has helped me tremendously and given me my peace of mind back."

— Wendy, Port Town Village Resident

For Wendy, the program offers more than just food—it provides peace of mind and the support she needs to remain safely at home. She is grateful for both the quality of the meals and the difference they make in her daily life.

Giving Back to the Community

Representatives of the Abingdon Ruritan Club recently presented \$5,000 in donations to support Bay Aging's Gloucester programs, including the Gloucester Active Lifestyle Center, Gloucester Adult Day Center, and Meals on Wheels. Bay Aging is grateful for their generosity and commitment to local older adults.

Pictured to right (from left): Don Sandbridge, Gloucester ALC Manager Joedey Bell, Beth Richardson, and Kelly Richards.



Mathews ALC Participants Explore Sustainable Living

Participants at Bay Aging's Mathews Active Lifestyle Center recently welcomed Jean Howard of CA & J Farm for a hands-on lesson in sustainable living. Attendees learned about growing herbs and vegetables, caring for animals, and using herbs for cooking and wellness. Each participant planted a rosemary plant to take home and enjoy.



Summertime Traditions Celebrate Creativity and America250

Bay Aging's Gloucester Active Lifestyle Center welcomes summer with activities that celebrate connection, creativity, and shared tradition. From painting flags in honor of Flag Day, celebrating 250 years of American history with a Main Street window decorating contest, to friendly seasonal competitions like corn shucking, these gatherings bring people together through laughter, teamwork, and a strong sense of community pride.

