

What is GUIDE?

This No-Cost Medicare program is designed to simplify care, reduce stress, and improve quality of life for families navigating dementia. We wrap a supportive network around you by providing:



DEDICATED CARE COORDINATION

A local expert to help you manage health needs, appointments, and daily planning.



CAREGIVER SUPPORT & EDUCATION

Training and tools to help you understand behaviors and feel confident in your care.



RESPITE SERVICES

Up to \$2,625 per year providing qualifying caregivers much-needed opportunities for relief.

LEARN MORE



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Find Your Way Forward

Who May Qualify



Dementia Diagnosis



Enrollment in Medicare Parts A & B

Cannot be enrolled in Medicare Advantage, PACE, or hospice



Live at Home

Cannot reside in a long-term nursing or memory care facility

Next Steps

Connect with our trusted local team today to learn how the GUIDE program can support your family. Please have your Medicare number ready for pre-qualification.



1-800-493-0238



www.bayaging.org



PO Box 610, Urbanna, VA 23175

Offered by Bay Health Solutions, a partnership of Bay Aging and Peninsula Agency on Aging, Inc. serving Virginia's Peninsula, Middle Peninsula, and Northern Neck regions.

Your GUIDE to Better Dementia Care



Compassionate dementia support and caregiver relief, built around you by the neighbors you already trust.



**BAY
HEALTH
SOLUTIONS**

You Are Not Alone on this Journey

Dementia care can feel overwhelming, but families do not have to navigate it alone.

Support comes to life through three simple benefits:

STAY AT HOME

Coordinated support helps people living with dementia remain safely at home for as long as possible, with care centered around their needs, routines, and goals.

FEEL SUPPORTED

Caregivers receive guidance, education, and connections to helpful resources, so they have someone to turn to when questions or challenges arise.

PLAN WITH CONFIDENCE

A dedicated care team helps families understand and prepare for changing needs and build a practical plan for ongoing care.

A Care Team Built Around You

With GUIDE, families are surrounded by a coordinated team that understands dementia care and works together to support the person living with dementia and the caregiver. A dedicated Care Navigator helps connect the pieces, making it easier to plan, access services, and know where to turn for help.



Together, these supports create a person-centered care experience with ongoing monitoring, practical guidance, and 24/7 help line access when families need support most.

Support for the Caregivers

Caring for someone with dementia takes time, energy, and heart. GUIDE recognized the important role caregivers play and offers support designed to reduce strain, answer questions, and connect families with practical help.



Caregiver Education

Understand dementia and what to expect.



Practical Guidance

Plan next steps and find helpful resources.



Respite Support

Up to \$2,625 per year for those who qualify.



You Are Not Alone

Connect with support and resources.

NO CO-PAYS OR OUT OF POCKET COSTS

for those who qualify

1-800-493-0238