ovember A	dult Day Center	2024	Adult Day Cent	er Noveml
Mon	Tue	Wed	Thu	Fri
GADB Will Be		November Holidays:		1
	11/14	Tuesday, Nov. 5th-Election Day		10:00 Meet and Greet
Closed on		Monday, Nov.		10:30 Water Color Painting
11/28 &	Wear	11th-Veteran's Day		11:30 Corn Hole
	Pajamas			1:30 PORCH TIME
11/29		Thursday, Nov. 28th-Thanksgiving		1:45 TRUE OR FALSE 2:45 Joggin Your Noggin
ŀ	5	6	7	8
10:00 How was the Week-	10:00 This Day in History			10:00 Weekend Plans
end?	10:30 Make Your Own Cam-	10:00 Good Morning Greet	10:00 This Day in History	10:30 Fruit Painting
10:30 Fall Leaves Craft	paign Slogan	10:30 Tree Canvas Painting	10:30 Straw Painting	11:30 Bowling
11:30 Sensory Taste Box 1:45 Chair Yoga	11:30 Chair Aerobics 1:30 Coffee on the Porch	11:30 Walk and Talk	11:30 ChairAerobics	1:30 Porch Time 1:45 Rock N Roll/Music &
2:30 Virtual Zoo Visit	1:45 Mock Election	1:30 Porch Time 1:45 Matching Game	1:30 Coffee on the Porch 1:45 Corn Hole	Dance
3:00 Animal Bingo	2:45 Board Games	2:45 Bingo	2:45 Lucynt Table	2:45 Who were our best
11 Veteran's Day	12	13	14 Nat. Family PJ Day	15
10:00 Weekend Review			10:00 This Day In History	
10:30 Morning Stretches	10:00 This Day in History	10:00 Meet and Greet	10:30 Bead Art	10:00 Weekend Plans
11:30 Patriotic Craft	10:30 Pilgrim Craft	10:30 Stamp Art	11:30 Chair Aerobics	10:30 Good Morning Stretches
1:30 Patriotic Music 2:15 Bingo	11:30 Walk and Talk 1:30 Corn Hole	11:30 Chari Yoga	1:30 Sights and Sounds of Na- ture	11:30 Diamond Painting
2:45 Samuel Adam's Docu-	1:30 Corn Hole 1:45 Uno	1:30 Fill The Feeders 1:45 Gospel Music	1:45 Porch Time	1:30 Walk and Talk 1:45 ADB Theater/Popcorn
mentary	2:30 Coffee on the Porch/I Spy	2:45 Short Story Reading	2:45 Bingo	Social
18 National Monopoly Day	19	20	21	22
10:00 How was the Week-			10:00 On this day in History	
end?	10:00 This Day in History	10:00 Meet and Greet	10:30 Rock Art	10:00 Weekend Plans
10:30 Crafter's Choice	10:30 Paint by Number	10:30 Paper Bowl Craft	11:30 Salsa Making	10:30 Chair Yoga
11:30 Chair Aerobics 1:30 Coffee on the Porch	11:30 Morning Stretches	11:30 Walk and Talk	1:30 Coffee on the Porch 1:45 Fill the Feeders	11:30 Fingerprint Pictures
1:45 Lucynt Table	1:30 Porch Time/I Spy 1:45 Corn Hole	1:30 Sounds of Jazz 1:45 Bowling	2:45 Hangman	1:30 I Spy Ourside 1:45 ADB Theater/Popcorn
2:45 Play Monopoly	2:45 Bingo	2:45 Joggin Your Noggin	2.45 Hangman	Social
			20	
25 10:00 How was the Week-	26 10:00 This Day in History	27 10:00 What does Thanksgiving	28	29
end?	10:30 Paint by Number	Mean to Me?		Closed for
10:30 Pilgrim Craft	11:30 Chair Aerobics	10:30 Pumpkin Flower Arrange-	Closed for	Closed for
11:30 Morning Stretches	1:30 Porch Time	ments	Thanksgiving	Thanksgiving
1:30 Walk and Talk	1:45 Cornhole	11:30 Chair Yoga		
1:45 Ball Toss	2:45 Roll to 100's	12:00 Thanksgiving Lunch &		
2:45 Uno		Fellowship		