



CELEBRATING 40 YEARS OF
EXCEPTIONAL SERVICE

RICHMOND COUNTY 2016-2017

GOAL

In 2018 Bay Aging will be celebrating its 40th anniversary—40 years where staff have consistently delivered quality services! With the goal of helping people—no matter what age—live independently for as long as possible, Bay Aging helps people live healthier with meals, personal care, transportation, affordable housing, home repairs and more.

TRENDS

By 2020, 38% of people living in the Northern Neck and 30% of Middle Peninsula residents will be 60 and older—a 5 to 6% increase from 2010. As generations age, they impact the types of services in demand—health, transportation and housing. Social risk factors, which are interconnected, significantly impact one’s ability to meet their own needs and the needs of their family. The top four needs that emerged through multiple community-wide needs assessments are:

- 1) housing
- 2) transportation
- 3) health
- 4) employment

As you turn the page, you will discover how Bay Aging Board of Directors, leadership and staff addressed these needs and their significant outcomes.

Bay Aging is proud of its strong partnerships with local, state and federal entities, businesses, foundations education and faith organizations, resource councils and community and civic organizations to improve lives.

We ARE stronger together!



IMPACT

- ◆ **124 seniors** are living healthier and safer in their own homes because **volunteers provided friendly visits while delivering 16,852 meals**
- ◆ **89 people of all ages** are effectively addressing their wellness, care and chronic disease management, staying out of the hospital longer and saving money on health care costs thru **6,106 hours of care services**
- ◆ **1,426 people** were able to make better decisions and improve their lives through counseling, education, employment training and other services
- ◆ **7,507 rides** gave **people** of all ages access to work, health care, education/training, and an array of consumer goods and services
- ◆ **10 people** now live in homes that were made safer through home repairs or weatherized for energy efficiency
- ◆ **43 dedicated volunteers** provided **358 hours of service** to improve the lives of homebound seniors

Impact of Leveraging \$7,650 Richmond County Donation

Bay Aging is proud to promote positive economic impact by utilizing local businesses and forming partnerships to improve lives.

- ◆ **19 Richmond County residents** are employed by Bay Aging
- ◆ **\$250,642 = value of services**
- ◆ **Every \$1 donated leveraged \$32.76 in services delivered in Richmond County**

Impact of Leveraging \$37,850 Public Transportation Dollars

- ◆ **\$70,293 leveraged in State and Federal funds**

Additional Revenue to Richmond County

- ◆ **\$3,678 real estate tax to Richmond County for the Northern Neck Regional Transit Facility**
 - ◆ **\$1,188 water/sewer**

Mr. A. is a lonely 84 year old widower and veteran who lives alone. Bay Aging came into his life through a referral from a trusted neighbor who was extremely concerned for Mr. A.'s welfare. Mr. A. was in a nursing home but against doctor's wishes, he checked himself out! Mr. A. suffers from multiple chronic diseases—hypertension, tachycardia and GERD among others. He was severely depressed, felt hopeless since his wife passed and he trusted only one of his neighbors to help him a little bit. During our first visit, his assessment revealed numerous needs and assistance for him to continue living at home. **He is very proud, insistent and independent so we plowed on!** Mr. A. has accepted assistance with bathing and ambulation, but insists on caring for his own colostomy needs. Staff is very pleased that he has improved greatly since receiving care. Mr. A. even rides on Bay Transit and receives Meals on Wheels to ensure he is receiving proper nutrition. He now also has someone attend to lawn cutting and yard maintenance. His aide was concerned about his medications so medication management was conducted to make certain he was taking the proper meds and dosages. Mr. A. is like a totally different person now as he is so well-cared for by his new found "friend" ... his aide! Not to say he doesn't miss his wife but he is happy once again and most important, he is living in his own home! Staff continues to assess Mr. A. to make sure his needs are being met.

Established in 1978, Bay Aging is a nonprofit 501(C)(3) organization serving the ten counties of the Middle Peninsula and Northern Neck.

Kathy Vesley, President/CEO **Sheriff Stanley Clarke, Chairman, Board of Directors**

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