



CELEBRATING 40 YEARS OF  
EXCEPTIONAL SERVICE

## NORTHUMBERLAND COUNTY 2016-2017

### GOAL

*In 2018 Bay Aging will be celebrating its 40th anniversary—40 years where staff have consistently delivered quality services!* With the goal of helping people—no matter what age—live independently for as long as possible, Bay Aging helps people live healthier with meals, personal care, transportation, affordable housing, home repairs and more.

### TRENDS

By 2020, 38% of people living in the Northern Neck and 30% of Middle Peninsula residents will be 60 and older—a 5 to 6% increase from 2010. As generations age, they impact the types of services in demand—health, transportation and housing. Social risk factors, which are interconnected, significantly impact one’s ability to meet their own needs and the needs of their family. The top four needs that emerged through multiple community-wide needs assessments are:

- 1) housing
- 2) transportation
- 3) health
- 4) employment

As you turn the page, you will discover how Bay Aging Board of Directors, leadership and staff addressed these needs and their significant outcomes.

Bay Aging is proud of its strong partnerships with local, state and federal entities, businesses, foundations education and faith organizations, resource councils and community and civic organizations to improve lives.

**We ARE stronger together!**



# IMPACT

- ◆ 100 seniors are living healthier and safer in their own homes because volunteers provided friendly visits while delivering 15,345 meals
- ◆ 84 people of all ages are effectively addressing their wellness, care and chronic disease management, staying out of the hospital longer and saving money on health care costs by receiving 15,715 hours of care services
- ◆ 1,343 people were able to make better decisions and improve their lives through counseling, education, employment training and other services
- ◆ 8,508 rides gave people of all ages access to work, health care, education/training, and an array of consumer goods and services
- ◆ 27 people now live in homes that were made safer through home repairs or weatherized for energy efficiency
- ◆ 94 dedicated volunteers provided 7,212 hours of service to improve the lives of homebound seniors through friendly visits and meal deliveries

## Impact of Leveraging \$15,275 Northumberland County Donation

Bay Aging is proud to promote positive economic impact by utilizing local businesses and forming partnerships to improve lives.

- ◆ 20 Northumberland County citizens are employed by Bay Aging
- ◆ \$611,303 = value of services
- ◆ Every \$1 donated leveraged \$40.02 in services delivered in Northumberland County

## Impact of Leveraging \$77,535 Public Transportation Dollars

- ◆ \$143,994 leveraged in State and Federal funds



Mrs. L., a normally spry and very active, independent person, fell and broke her hip. After that she was not able to move about like she wanted and to make matters worse she was having great difficulty preparing her own meals, bathing and dressing! A thorough assessment revealed she did not have Medicaid so the Care Coordinator worked with Mrs. L. to complete and submit the application. Not long after Mrs. L. was approved which meant she qualified to receive much needed help in the home. The Care Coordinator also enrolled her in the Meals on Wheels program to maintain her health and nutrition while on her journey back to self-sufficiency. We are happy to report that Mrs. L. is recovering quite nicely ... so nicely that she informed the Care Coordinator that she no longer needs Meals on Wheels but that she greatly appreciated them in her time of need. She adds, "I am not sure I would have made such a good recovery without the meals!" Mrs. L. also shared that she appreciated what Bay Aging staff was able to do for her to get her up and going again which translates to Mrs. L. going back to being her normal spry self!

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*Established in 1978, Bay Aging is a nonprofit 501(C)(3) organization serving the ten counties of the Middle Peninsula and Northern Neck.*

Kathy Vesley, President/CEO Sheriff Stanley Clarke, Chairman, Board of Directors  
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