



CELEBRATING 40 YEARS OF  
EXCEPTIONAL SERVICE

## MATHEWS COUNTY 2016-2017

### GOAL

*In 2018 Bay Aging will be celebrating its 40th anniversary—40 years where staff have consistently delivered quality services!*

With the goal of helping people—no matter what age—live independently for as long as possible, Bay Aging helps people live healthier with meals, personal care, transportation, affordable housing, home repairs and more.

### TRENDS

By 2020, 38% of people living in the Northern Neck and 30% of Middle Peninsula residents will be 60 and older—a 5 to 6% increase from 2010. As generations age, they impact the types of services in demand—health, transportation and housing. Social risk factors, which are interconnected, significantly impact one's ability to meet their own needs and the needs of their family. The top four needs that emerged through multiple community-wide needs assessments are:

- 1) housing
- 2) transportation
- 3) health
- 4) employment

As you turn the page, you will discover how Bay Aging Board of Directors, leadership and staff addressed these needs and their significant outcomes.

Bay Aging is proud of its strong partnerships with local, state and federal entities, businesses, foundations education and faith organizations, resource councils and community and civic organizations to improve lives.

**We ARE stronger together!**



# IMPACT

- ◆ **173 seniors** are living healthier and safer in their own homes because **volunteers provided friendly visits while delivering 19,974 meals**
- ◆ **47 people of all ages** are effectively addressing their wellness, care/chronic disease management, staying out of the hospital longer and saving money on health care by receiving **7,929 hours of care services**
- ◆ **2,031 people** were able to make better decisions and improve their lives through counseling, education, employment training and other services
- ◆ **6,158 rides** gave **people** of all ages access to work, health care, education/training, and an array of consumer goods and services
- ◆ **5 people** now live in homes made safer through home repairs or weatherized for energy efficiency
- ◆ **12 low-income families (22 people) live** in Housing Choice Voucher Program homes (Section 8) where a safe and healthy environment is key to raising a family and maintaining good, attractive housing stock in the community
- ◆ **235 dedicated volunteers** provided **10,484 hours of service** to improve the lives of homebound seniors through friendly visits and meal deliveries
- ◆ **9 children (ages 5-12)** benefitted from receiving full community action scholarships to participate in the Mathews Family YMCA programs including summer camp and after school programs.

## **Impact of Leveraging \$13,625 MATHEWS County Donation**

Bay Aging is proud to promote positive economic impact by utilizing local businesses and forming partnerships to improve lives.

- ◆ **14 Mathews County residents** are employed by Bay Aging
- ◆ **\$655,673 = value of services**
- ◆ **Every \$1 donated leveraged \$48.12** in services delivered in Mathews County

## **Impact of Leveraging \$36,975 Public Transportation Dollars**

- ◆ **\$68,668 leveraged** in State and Federal funds

*Private donation gave the seniors who attend the senior center access to free deliveries of organically grown fruits and vegetables. This is another way Bay Aging staff and community partners ensure that seniors are eating healthy and maximizing their ability to live independently at home longer.*

*The senior center means a lot to me. I was in the workforce for over 41 years. I always enjoyed being around people in my job and when I was able to volunteer. My health started going down and found that I could not volunteer anymore and since I live alone, I was getting lonely. Someone at my church mentioned the senior center. I didn't think it would be for me but I went. Today I look forward to seeing people at the center and sharing life. And it isn't only about fun and games, although we do have a lot of fun. Miss Laura makes sure that we learn about Medicare insurance, healthy eating, and exercising too! The food is good and in the summer we can bring fresh fruits and vegetables home. But for me it is mostly about the fellowship and the joy of being with other people.*



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***Established in 1978, Bay Aging is a nonprofit 501(C)(3) organization serving the ten counties of the Middle Peninsula and Northern Neck.***

**Kathy Vesley, President/CEO** **Sheriff Stanley Clarke, Chairman, Board of Directors**  
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