



CELEBRATING 40 YEARS OF
EXCEPTIONAL SERVICE

KING AND QUEEN COUNTY 2016-2017

GOAL

In 2018 Bay Aging will be celebrating its 40th anniversary—40 years where staff have consistently delivered quality services! With the goal of helping people—no matter what age—live independently for as long as possible, Bay Aging helps people live healthier with meals, personal care, transportation, affordable housing, home repairs and more.

TRENDS

By 2020, 38% of people living in the Northern Neck and 30% of Middle Peninsula residents will be 60 and older—a 5 to 6% increase from 2010. As generations age, they impact the types of services in demand—health, transportation and housing. Social risk factors, which are interconnected, significantly impact one’s ability to meet their own needs and the needs of their family. The top four needs that emerged through multiple community-wide needs assessments are:

- 1) housing
- 2) transportation
- 3) health
- 4) employment

As you turn the page, you will discover how Bay Aging Board of Directors, leadership and staff addressed these needs and their significant outcomes.

Bay Aging is proud of its strong partnerships with local, state and federal entities, businesses, foundations education and faith organizations, resource councils and community and civic organizations to improve lives.

We ARE stronger together!



IMPACT

- ◆ **77 seniors** are living healthier and safer in their own homes because **volunteers provided friendly visits while delivering 11,022 meals**
- ◆ **38 people of all ages** are effectively addressing their wellness, care and chronic disease management, staying out of the hospital longer and saving money on health care costs by receiving **4,023 hours of care services**
- ◆ **469 people** were able to make better decisions and improve their lives through counseling, education, employment training and other services
- ◆ **3,998 rides** gave people of all ages access to work, health care, education/training, and an array of consumer goods and services
- ◆ **7 seniors** now live in homes that have indoor plumbing or were made safer through home repairs
- ◆ **9 low-income families (29 people) live** in Housing Choice Voucher Program homes (Section 8) where a safe and healthy environment is key to raising a family and maintaining good, attractive housing stock in the community
- ◆ **32 dedicated volunteers** provided **620 hours of service** to improve the lives of homebound seniors through friendly visits and meal deliveries

Impact of Leveraging \$5,448 KING & QUEEN County Donation

Bay Aging is proud to promote positive economic impact by utilizing local businesses and forming partnerships to improve lives.

- ◆ **12 King & Queen County residents** are employed by Bay Aging
- ◆ **\$341,977 = value of services**
- ◆ **Every \$1 donated leveraged \$62.77** in services delivered in King & Queen County

Impact of Leveraging \$25,350 Public Transportation Dollars

- ◆ **\$47,078 leveraged** in State and Federal funds

A 78-year old King and Queen woman who was hospitalized for CHF and is a diabetic was referred to the Care Transitions program. The Health Coach quickly learned that Ms. M. was confused about how and when to take medications, which worsened the diabetes. Not only that, her limited income and high co-pays were making it very difficult for her to afford medications. And she was having difficulty keeping her medical appointments because she lacked transportation.

Bay Aging staff immediately activated several services to help Ms. M.— Meals on Wheels for nutritional sustenance; granddaughter was enlisted to help with medication management; identified an affordable drug plan; enrolled her in the low-income subsidy program to eliminate monthly premiums and high copays; and enrolled her in MedCARRY volunteer transportation program to access medical appointments and other health care needs. The great news? Staff monitored Ms. M. for 6 months. Her health has stabilized with no hospitalizations!



Established in 1978, Bay Aging is a nonprofit 501(C)(3) organization serving the ten counties of the Middle Peninsula and Northern Neck.

Kathy Vesley, President/CEO **Sheriff Stanley Clarke, Chairman, Board of Directors**
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