



CELEBRATING 40 YEARS OF
EXCEPTIONAL SERVICE

ESSEX COUNTY 2016-2017

GOAL

In 2018 Bay Aging will be celebrating its 40th anniversary—40 years where staff have consistently delivered quality services!

With the goal of helping people—no matter what age—live independently for as long as possible, Bay Aging helps people live healthier with meals, personal care, transportation, affordable housing, home repairs and more.

TRENDS

By 2020, 38% of people living in the Northern Neck and 30% of Middle Peninsula residents will be 60 and older—a 5 to 6% increase from 2010. As generations age, they impact the types of services in demand—health, transportation and housing. Social risk factors, which are interconnected, significantly impact one’s ability to meet their own needs and the needs of their family. The top four needs that emerged through multiple community-wide needs assessments are:

- 1) housing
- 2) transportation
- 3) health
- 4) employment

As you turn the page, you will discover how Bay Aging Board of Directors, leadership and staff addressed these needs and their significant outcomes.

Bay Aging is proud of its strong partnerships with local, state and federal entities, businesses, foundations education and faith organizations, resource councils and community and civic organizations to improve lives.

We ARE stronger together!



IMPACT

- ◆ **89 seniors** are living healthier and safer in their own homes because **volunteers provided friendly visits while delivering 11,678 meals**
- ◆ **89 people of all ages** are effectively addressing their wellness, care and chronic disease management, staying out of the hospital longer and saving money on health care costs by receiving **7,438 hours of care services**
- ◆ **1,089 people** were able to make better decisions and improve their lives through counseling, education, employment training and other services
- ◆ **20,715 rides** gave **people** of all ages access to work, health care, education/training, and an array of consumer goods and services
- ◆ **8 people (7 seniors)** now live in homes that were made safer through home repairs or weatherized for energy efficiency
- ◆ **52 low-income families (130 people) live** in Housing Choice Voucher Program homes (Section 8) where a safe and healthy environment is key to raising a family and maintaining good, attractive housing stock in the community
- ◆ **10 dedicated volunteers** provided **83 hours of service** to improve the lives of homebound seniors through friendly visits and meal deliveries

Impact of Leveraging \$9,152 Essex County Donation

Bay Aging is proud to promote positive economic impact by utilizing local businesses and forming partnerships to improve lives.

- ◆ 26 Essex County residents are employed by Bay Aging
- ◆ \$617,453 = value of services
- ◆ Every \$1 donated leveraged \$67.47 in services delivered in Essex County

Impact of Leveraging Public Transportation Dollars

- ◆ \$75,700 Essex County match leveraged \$140,586 in State and Federal funds
 - ◆ \$2,500 match by the Town of Tappahannock leveraged \$46,430 in State and Federal funds

Mr. S., a 55-year old veteran, and his wife are taking care of her mother—who lives with them. The mother has advanced Alzheimer’s disease. Being full-time caregivers has been exhausting , seriously exacerbating his ongoing health conditions. Following a referral to Bay Aging and assessment, the Options Counselor was able to get Mr. S. into the veteran referral program Bay Aging has with Hunter Holmes McGuire Veterans Medical Center in Richmond. Mr. S. has myriad chronic diseases including hypertension, diabetes with neuropathy, and esophageal reflux disease. He is also legally blind and has right side hearing loss! Mrs. S. was exhausted from not only caring for her mother but also trying to provide for her husband’s many needs. They have relatives but with dissension in the family these poor people were not getting the care they needed. The Veteran-Directed Home and Community Based Program has truly been a lifesaver for Mr. S. and is finally receiving the care he needs. This family is also receiving help with lawn cutting and chore services to maintain their home and Mr. S. has transportation to the VA Medical Center for health services. All three receive Meals on Wheels. And an Options Counselor continues to communicate directly with this family to make sure they are doing well and can continue to live independently in their home. “I am so grateful, said Mrs. S., I can breath easier now that my husband is getting such good care.”

Established in 1978, Bay Aging is a 501(C)(3) organization serving the ten counties of the Middle Peninsula and Northern Neck.

Kathy Vesley, President/CEO Sheriff Stanley Clarke, Chairman, Board of Directors

P.O. Box 610, 5306 Old Virginia Street, Urbanna VA 23175 804.758.2386 www.bayaging.org